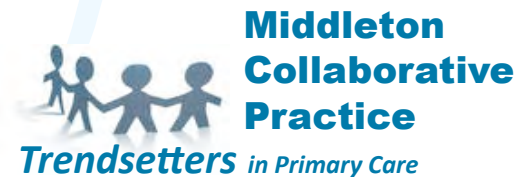


# Diabetes and the Middleton Collaborative Practice

Presented by  
**Kendra Scallion, PDt, CDE**





# Disclosure

- I have no involvement with industry and do not have any conflicts of interest to disclose.



# What I'll be covering...

- Who are the Middleton Collaborative Practice (CP)
- Role of CP in DM Education and Management
- Role of DC
- Strengths and Weaknesses
- Future



# Who are the Middleton CP?

- 3 Family Physicians
- 2 Nurse Practitioners
- 1 Family Practice Nurse
- 1 50% Dietitian
- 5 Administrative Staff



# Collaborative Team Hopes

- Provide the highest quality of health care in Bridgetown, Greenwood and Middleton. Provide care for all ages, stages of life.
- Provide a 'one stop shop'
- Maximize scope of practice and challenge each care provider to provide high quality care



# Role of CP in Diabetes Education and Management

- ND:

- Appointment with PDt and FPN
- FU with PDt prn and FPN yearly
- Physician/NP FU q 3-4 months

- NND:

- Yearly appointment with FPN for foot check, etc.
- Initiating yearly appointment with PDt for lifestyle
- BW q 6-12 months – could be ordered by any of the clinicians
- Meter education performed by FPN or drugstore
- Physician/NP FU q 3-4 months



# Role of local Diabetes Centre in the practice

- Referrals made to centre for:
  - Insulin start
  - Adjusting of insulin
  - Gestational DM
  - Type 1 DM



# Strengths and Weaknesses

## • STRENGTHS

- RN at DC not having to perform foot checks on CP pts
- PDt go between
- Issues can be dealt with more efficiently
- CP pts can see CDE and GP in one place, at the same time
- Having PDt as a CDE
- Building relationship with GPs
- GPs putting more value in DC
- Working to full scope of practice

## • WEAKNESSES

- Not all DM pts of CP being seen at DC therefore decreased referrals and data not being captured
- FPN is not a CDE and specializing in DM





# What will this model look like in the future?

- Space and time are always an issue
  - PDt only 50%
- Dependent on having a CDE in this position
- Increased collaboration between the CP and DC
- DC seeing more complex patients well those keeping BG controlled stay at CP



# Envision as the best system

- All individuals with DM being followed by a CDE
    - DC's partner with physicians offices and come into the office to see patients
  - Physicians seeing DC's as a "go to" in Diabetes care
  - Creating seamless care
- 
- 

The background features three large, stylized swirls in purple, green, and light blue. Interspersed among these swirls are several yellow starburst shapes, each composed of multiple small triangles radiating from a central point. The overall aesthetic is bright and celebratory.

**Thank You!**